Health and Welfare in Peterhouse

Whatever support you need during your time at Peterhouse, the welfare team are here to help.

This short guide to services offered by the College, the University and other organisations is not exhaustive. The websites featured include links to many other charities and agencies.

As the welfare officer, I am here for all students and staff and work closely with the rest of the welfare team. Please reach out to me if you wish to meet or for advice about how best to get support in College.

Jennifer Adams-Massmann
Welfare Officer & Assistant Chaplain

Web: www.pet.cam.ac.uk/chaplain-welfare
Email: welfare@pet.cam.ac.uk

A Guide to Health and Welfare at Peterhouse
2020/2021
Health and Disability

Counselling & Mental Health

Practical Advice

COLLEGE

The College Nurse is Natasha Kear.

Natasha is your first port of call for all health-related issues. She is located in the Health Centre in Fen Court. Please book an appointment online via Moodle.

Web: www.pet.cam.ac.uk/college-nurse
Tel: 01223 338222, Email: college.nurse@pet.cam.ac.uk

Outside these hours, First Aid can be administered by the porters (call 01223 338200).

UNIVERSITY

Students with disabilities or long-term medical needs should contact the university’s Disability Resource Centre. (DRC) You can also talk to the Welfare Officer, who is our DRC liaison, to find the right help.

Web: www.disability.admin.cam.ac.uk
Tel: 01223 332301, Email: disability@admin.cam.ac.uk

The University Counselling Service is open to students for individual and group sessions. Students should apply to the College Counsellor simultaneously and take the first available appointment. Be aware there is usually a waitlist. You can also find self-help resources on the UCS website.

Web: www.counselling.cam.ac.uk, Tel: 01223 332865
Email: counsellingreception@admin.cam.ac.uk
Address: 2-3 Bene’t Place, CB2 3PT

Students experiencing sexual harassment or bullying of any kind may wish to speak to their Tutor or the Welfare Officer who can listen and offer advice. You can also make a direct appointment with the University Counselling Service’s Sexual Assault and Harassment Advisor (www.counselling.cam.ac.uk/sexual-assault-and-harassment-advisor), or visit the University’s Breaking the Silence website (www.breakingthesilence.cam.ac.uk).

NHS

Students should register with a local surgery and GP as soon as they arrive. Many local surgeries now have extended hours. For urgent medical or mental health advice, please call 111. In an emergency requiring an ambulance, call 999 and inform the porters.

There is no longer a university dental service. Students should register with a local dental surgery.

Your Tutor is able to provide moral & practical support, including advice on financial hardship or help with accommodation issues. Please see www.pet.cam.ac.uk/tutorial-matters for contact details and drop-in hours. For undergraduates, your Director of Studies is usually the first point of contact for academic issues. For graduate students, your supervisor or course co-ordinator should normally be approached first. For peer support, please speak with your JCR/MCR Welfare Reps.

For additional and updated welfare information, please visit www.pet.cam.ac.uk/help.